

BEST PRACTICE OF STUDENT EXCHANGE IN MBKM PROGRAM

AT ENGLISH DEPARTMENT

Thesis



WRITTEN AND SUBMITTED BY

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221112022

**In partial fulfilment of the requirements for an undergraduate degree
English Education Study Program**

**ENGLISH EDUCATION DEPARTMENT
TEACHERS TRAINING AND EDUCATION FACULTY
CHRISTIAN UNIVERSITY OF INDONESIA TORAJA
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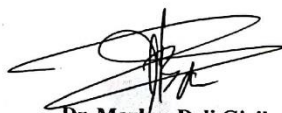
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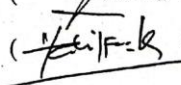
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DECLARATION OF OWNERSHIP

DECLARATION OF OWNERSHIP

I hereby certify that this thesis entitled “ BEST PRACTICE OF STUDENT EXCHANGE IN MBKM PROGRAM AT ENGLISH DEPARTMENT” is honestly my own work. I am fully aware that I have quoted some statements and ideas from various sources, and they are properly acknowledged in the next.

If the above statements are proven otherwise, Then I am to accept the sanction that is specified by the English Education Study Program, Teachers Training and Education Faculty Christian University of Indonesia Toraja.

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ABSTRACT

Irene Mangalik, 2025. “Best practice of student exchange in MBKM program at English Department”. (Supervised by Rachel and Roni La’biran).

The purpose of this research is to find out the experience of students participating in student exchanges. The researcher conducted this research using qualitative methods. The purposive sampling strategy was used to obtain data from students of the English Education study program who had participated in the student exchange program. The data was obtained by interview technique.

The findings show that experience starts from the preparation, selection, process, and evaluation. In the preparation stage, students seek information through various sources, such as social media. The selection stage involves online tests as well as administrative challenges that are solved with various strategies. The process stage included adaptation to the new environment, communication challenges, and culture shock, which were overcome in various ways, such as learning about the local culture and establishing interactions. Evaluations showed that the experience provided many benefits, including improved mindset, self-confidence, social relationships, academic experience, and greater cultural insight.

Experience of students from preparation to evaluation is that students prepare themselves and follow the selection process well, go through a series of processes to find enormous benefits including opening mindsets and broadening their horizons, social interaction of students and can increase understanding of ethnic, religious, racial and cultural diversity. Although there are some challenges faced, students feel that their experience is very valuable and enriches their lives, both in terms of academic, social, and personal.

ABSTRAK

Irene Mangalik, 2025. “Praktik terbaik pertukaran mahasiswa dalam program MBKM di Pendidikan Bahasa Inggris”. (Dibimbing oleh Rachel dan Roni La'biran).

Tujuan penelitian ini adalah untuk mengetahui pengalaman mahasiswa mengikuti pertukaran pelajar. Peneliti melakukan penelitian ini menggunakan metode kualitatif. Strategi purposive sampling digunakan untuk memperoleh data dari mahasiswa program studi Pendidikan Bahasa Inggris yang telah mengikuti program pertukaran pelajar. Data diperoleh dengan Teknik wawancara.

Temuan menunjukkan bahwa pengalaman dimulai dari persiapan, seleksi, proses, dan evaluasi. Pada tahap persiapan, para siswa mencari informasi melalui berbagai sumber, seperti media sosial. Tahap seleksi melibatkan tes online serta tantangan administratif yang diselesaikan dengan berbagai strategi. Tahap proses meliputi adaptasi dengan lingkungan baru, tantangan komunikasi, dan culture shock yang diatasi dengan berbagai cara, seperti mempelajari budaya lokal dan membangun interaksi. Hasil evaluasi menunjukkan bahwa pengalaman ini memberikan banyak manfaat, termasuk peningkatan pola pikir, kepercayaan diri, hubungan sosial, pengalaman akademis, dan wawasan budaya yang lebih luas.

Pengalaman mahasiswa mulai dari persiapan hingga evaluasi adalah mahasiswa mempersiapkan diri dan mengikuti proses seleksi dengan baik, melalui serangkaian proses menemukan manfaat yang sangat besar diantaranya membuka pola pikir dan memperluas wawasan, interaksi sosial mahasiswa serta dapat meningkatkan pemahaman tentang keberagaman suku, agama, ras dan budaya. Meskipun ada beberapa tantangan yang dihadapi, para mahasiswa merasa bahwa pengalaman yang mereka dapatkan sangat berharga dan memperkaya kehidupan mereka, baik dari segi akademis, sosial, maupun pribadi.

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